

Senior Instructor, Japan Karate-Do Ryobu-Kai
Branch Chief and Chief National Instructor for the Bahamas
6th Dan Shindo Jinen-Ryu Karate-Jutsu
Board Member, JKR International



The Traditional Karate and Martial Arts Center (TKMAC) was founded by Sensei George Braynen in 1993. Sensei Braynen, 6th Degree Black Belt and Head Instructor for Japan Karate-Do Ryobu-Kai Bahamas, began his martial arts training in 1977 in Shotokan Karate and Kobudo under Sensei Arnold Farquharson. He also trained extensively under Kyoshi Tomosaburo Okano, a direct student of Grand Master Gichin Funakoshi and creator of the Shotokan style of karate. In 1994 Sensei Braynen began training under Kiyoshi Yamazaki Sensei, Chief Instructor and International Director for Japan Karate-Do Ryobu-Kai outside of Japan. Sensei Braynen was a member of the first Bahamas Synchronized Kata Team to bring home a bronze medal at the 1988 Pan American Games.

Since then he has trained and coached the first Junior Synchronized Kata Team to compete outside of the Bahamas and brought home the gold at the 2nd Annual Junior Karate International Championships in 1996. Sensei Braynen also served as President of the Bahamas Karate Federation from 1996-2002, 3rd Vice-President of the Central American and Caribbean Confederation for Karate (CCCK) and is a Pan American Karate Federation Referee Judge.