

Yamazaki Sensei, Chief Instructor for Japan Karate-Do Ryobu-Kai, demonstrates the importance of posture and the use of timing and body weight in combination techniques - as well as his sense of humor - at the U.S. Hombu Dojo during the 42nd Annual Japan Karate-Do Ryobu-Kai International Tournament and Seminars. (Anaheim, CA - June, 2009)